



DENNIS HUNTINGTON  
 ---{ senior instructor at }---  
 MANTAK CHIA'S  
**UNIVERSAL TAO GARDEN**  
 presents  
 Healing Love  
**Chi Kung Workshop**  
**Telluride, Colorado**

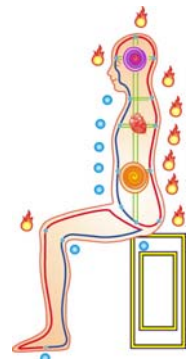


**Universal Healing Tao practices for cultivating and retaining vitality & creative energy! ...for individuals and couples...**

**FEATURING:**

♥ **Healing Love:** Awaken your internal power of sexual energy for Health, Healing, Loving, Enhanced Performance and Spiritual Evolution.

**Mastery of sexual energy and sexual nature** is the key for unlocking the mystery of life. Refine both un-aroused and orgasmic energy. This nurturing creative life force in the body can be guided to benefit the **BRAIN**, senses, glands, organs and ultimately all the cells of the body. It fortifies our well-being, emotional harmony, longevity and spirit. Learn to cultivate, conserve, refine, circulate and store this precious resource. Women refine their Jing chi and menstruation/menopause. Men manage their vital fluids and refine their Jing chi. The **basics combine**



**interactively:** new life and renewed power for health, healing and loving. Self-mastery begins in the basics workshop.

- ☯ **Simple Chi Kung Conditioning Exercises** make body strong yet soft; ground to earth; and imbibe chi of nature and universe
- ☺ **Cosmic Inner Heart Smile** (w/EMDR for neutralizing trauma) & **6 Healing Sounds Meditations** to transform negative emotions, release stress, relax and charge the organs with positive energy
- ☯ **Microcosmic Orbit** meditation for positive energy circulation to refine, distribute healing energy and create pleasant chi balance
- ☯ **Chi Self-Massage** opens blockages, distributes refreshing chi



Instruction is with PPT graphics and guided practice + take-home summaries.

**WEEKEND BASICS WORKSHOP: Friday Eve 6:30—9:30; Sat & Sun 9—6**

**Telluride, Colorado, Sept 26---28**  
**CONTACT:** Lynn Mayer, MA, CNC  
 Offc: 970.369.4790  
 Email: [lynnmayer@sbcglobal.net](mailto:lynnmayer@sbcglobal.net)  
**VENUE:** Telluride Yoga Studio

**BOOKINGS ESSENTIAL: \$250 in advance; \$270 at door**

**Dennis also offers private instruction and additional workshops for other practices:** Iron Shirt Chi Kung, Tao Yin, Fusion (I, II, and III), Tan Tien Chi Kung, Elixir Chi Kung, Stem Cell Chi Kung, and Tai Chi. Individual sessions may also be arranged for **Chi Nei Tsang massage**.

**More Info:** [www.dennistao.com](http://www.dennistao.com) — Em: [dennishun3@gmail.com](mailto:dennishun3@gmail.com) — Skype: dennishun